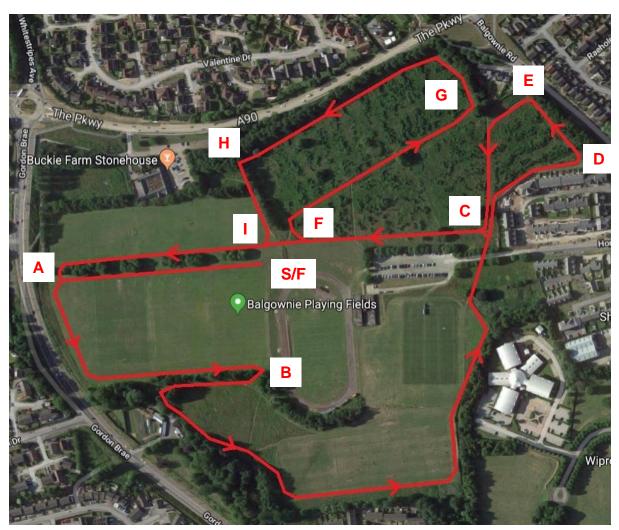
2023 Lindsays scottishathletics East District XC Championships

Balgownie Playing Fields, Aberdeen, AB22 8LX

Course Information

Declarations on site at Balgownie pavilion

Race	Route	Distance	Declarations	Start
U13 Girls	Start – [A-B-C-F-G-H-I-A] – Finish	3.1km	1100hrs	1130hrs
U13 Boys	Start – [A-B-C-F-G-H-I-A] – Finish	3.1km	1115hrs	1145hrs
U15 Girls	Start – [A-B-C-F-I-A] x 2 – Finish	4.0km	1130hrs	1200hrs
U15 Boys	Start – [A-B-C-F-I-A] x 2 – Finish	4.0km	1150hrs	1220hrs
U17 Men	Start – [A-B-C-F-G-H-I-A] x 2 – Finish	5.5km	1210hrs	1240hrs
U17 Women	Start – [A-B-C-F-G-H-I-A] x 2 – Finish	5.5km	1215hrs	1245hrs
U20 Men	Start – [A-B-C-D-E-C-F-G-H-I-A] x 2 – Finish	6.3km	1235hrs	1305hrs
U20 Women	Start – [A-B-C-D-E-C-F-G-H-I-A] x 2 – Finish	6.3km	1240hrs	1310hrs
Sen & Masters Women	Start – [A-B-C-D-E-C-F-I-A] + [A-B-C-D-E-C-F-G-H-I-A] x 2 – Finish	8.6km	1305hrs	1335hrs
Sen & Masters Men	Start – [A-B-C-D-E-C-F-I-A] + [A-B-C-D-E-C-F-G-H-I-A] x 2 – Finish	8.6km	1350hrs	1420hrs



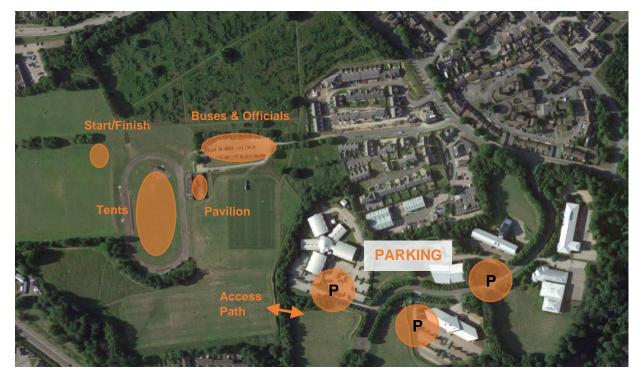
lindsays SCOTTISH CROSSCOUNTRY SEASON



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General Information



Parking

- Parking on site at pavilion is prioritised for officials and team buses
- Additional parking available at Aberdeen Innovation Park (AB22 8GT) playing fields accessible from dedicated path
- All accessible via Balgownie Road

Toilets and Facilities

- Toilets, showering and changing facilities available all day within Balgownie pavilion
- Food available for purchase at Balgownie Pavilion



